



Diet & Energy Support

The metabolism is how fast our body converts food into energy. In modern times, with sugar and snacks everywhere and less chances to exercise, our bodies just can't keep up. Some people are born with a naturally slow metabolism which makes it easy for extra pounds of unsightly fat to sneak up. Trimm is a 100% natural supplement packed with 10 herbal ingredients that help support a healthy metabolism & balanced blood sugar levels... and keeps you feeling satisfied between meals!

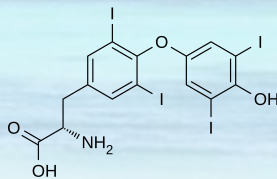
Helps Burn Calories Faster



Cayenne pepper contains lots of capsaicin, the potent "spicy" compound that packs heat. Capsaicin has been shown in clinical studies to modestly boost the metabolic rate, enhance energy expenditure and suppress hunger.¹ Cayenne increases peptides that assist digestion and it also helps support stable blood sugar levels. And because Trimm's cayenne extract is tightly encased in gelatin capsules, it won't burn going down.

Natural Thyroid Energy Booster

The thyroid is the "master gland" that controls our metabolic energy burning rate. Trimm contains bladderwrack, a seaweed rich in iodine, which our thyroid requires to make key hormones. Trimm also has oregano and black pepper extract which supports the metabolism and may increase the number of calories burned.²



Thyroid Hormone T4
 Requires Iodine to Make

Powerful Appetite Control & Digestive Properties

The fenugreek and ginger in Trimm can help digestion and support healthy blood sugar levels,³ which can reduce food cravings. In a study of 176 overweight people on a calorie-restricted diet, those who supplemented with a "filling" Japanese root extract called glucomannan, also found in Trimm, lost more weight.⁴ Get Trimm today!

References

1. Open Heart. 2015; 2(1): e000262.
2. Proc Natl Acad Sci U S A. 2016 Nov 15; 113(46):13009-13014.
3. Molecules. 2016 Nov 22; 21(11)
4. Med Sci Monit. 2005 Jan; 11(1):PI5-8.



Active Ingredients:

- Cayenne pepper
- Bladderwrack
- Malabar tamarind extract
- Turmeric extract
- Glucomannan
- Ginger root powder
- Oregano
- Guar gum powder
- Fenugreek seed powder
- Black pepper extract

