



BOOST

Natural Energy Formula

Phyto Farmacy

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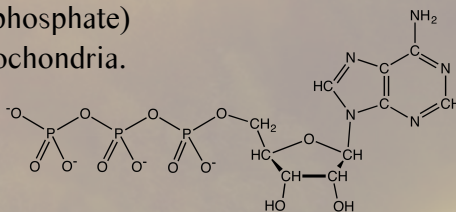
Abundant Energy & Focus

Modern life can be exhausting. The constant pressures and commitments all add up to keep many of us "running on empty." Many people turn to coffee, energy drinks or prescription stimulants for a temporary edge. But stimulants can cause jitters and if used for too long, they can lead to a lull or a crash. The smarter way to boost energy is with antioxidants & amino acids. The all natural, non-stimulant Boost formula supplies your body with the raw materials it needs to make fuel and stay focused. Boost up your day!

ATP: The Body's Energy Fuel

ATP (adenosine triphosphate) is used as the body's main energy "currency." First, ADP (adenosine diphosphate) gets converted into ATP inside the cells' mitochondria.

As the ATP is released and used up for energy, it gets turned back into ADP. This recycling process is so important and heavily used, that every day you turn over your entire bodyweight in ATP!¹ If the recycling rate is slow, your energy level will be low. Every Boost tablet contains pure, activated ATP as an instant energy source your body can use right away.

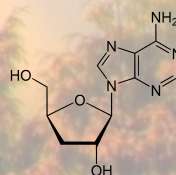


ATP

Cordyceps: Natural ATP Building Blocks



Cordyceps is an unusual & fascinating mushroom. Native to the Tibetan plateau, it grows exclusively on the body of dead caterpillars and it is known for increasing energy, body heat and libido. Cordyceps contains cordycepin, which can be used by the body to make ATP. In mice, cordyceps extract increased ATP levels over 18%.² Studies on older adults found taking cordyceps extract improved the capacity for intense exercise,^{3,4} and it may significantly delay fatigue.⁵



Cordycepin



Active Ingredients :

- ATP
- Cordyceps
- Astaxanthin
- Olive leaf extract
- L-Carnitine
- L-Taurine
- Saffron extract
- Nutmeg
- Sandalwood oil
- Himalayan orchid extract
- Holy basil extract
- Guggulsterones

Available in bottles of 30 tablets.
\$70 MSRP.

DOI: 10.31013/BOO0FLYRBB062019

Astaxanthin: the Energizing Antioxidant



Astaxanthin colors salmon red
& gives them incredible stamina

Astaxanthin is an extremely potent carotenoid antioxidant with up to 6,000x more protective ability than vitamin C. It gives crabs, shrimp and flamingos their pink color and it affords spawning salmon the incredible power to swim upstream and leap over rushing waterfalls. Astaxanthin is great for eye, joint, mitochondrial & heart health and skin protection. It can improve mitochondrial function and protect mitochondria from stress, and it may also reduce exercise fatigue.⁶

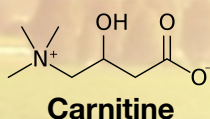


Olive Leaf & Saffron Power

Olive leaves contain polyphenol antioxidants with many therapeutic properties. They protect the mitochondria, the cell's "power plants," and reduce damaging effects of oxidative stress.⁷ Saffron, the world's most expensive spice, contains carotenoid antioxidants that improve our overall energy supply and power. In one study, 28 healthy men who supplemented with saffron for 10 days experienced increased muscle strength and reaction time.⁸ Evidence also suggests that saffron may be a highly-effective mood booster.⁹



High-Performance Amino Acids



Carnitine is an amino acid found in meat that helps "burn" fat into energy. It also gets rid of toxic compounds from the mitochondria to prevent buildup. Studies on older adults suggest that supplementing carnitine may reduce physical and mental fatigue.¹⁰ Taurine is an amino acid that is essential for the normal functioning of muscles. It may improve endurance and a study of 29 elderly adults suggests that taurine may increase exercise performance.¹¹



Himalayan Orchid & Ayurvedic Extracts

The 5-fingered Himalayan orchid (*dactylorhiza hatagirea*) grows exclusively at high altitudes between 9,000 and 13,000 feet. It has been used since ancient times in Ayurvedic medicine as an aphrodisiac. Experiments on animals suggest that it may boost testosterone and increase the frequency of sexual activity.¹² Boost also contains nutmeg and sandalwood oil. These herbs are well known in aromatherapy for their energizing and stimulating properties. Finally, Boost contains holy basil (*ocimum tenuiflorum*) to improve focus and guggul extract which may help support production of thyroid hormones, key regulators of metabolism and energy levels. Level up your game by ordering Boost today!

References



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