



# ALCOLUS

Hangover Relief Formula

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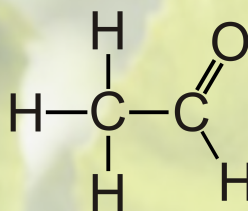


## Promotes Healthy Alcohol Metabolism & Prevents Hangovers

Alcohol is a part of life, but hangovers don't have to be. Having a few drinks is sometimes expected of us in business, dating and social situations. But rather than taking chances on how you'll feel the next day, you can take Alcolus before drinking. Alcolus has natural ingredients known to help the body neutralize alcohol metabolites. Once you try Alcolus and discover the "morning after" difference, you'll never want to drink without it!

## Helps Neutralize the Root Cause of Hangovers

When you first take a sip of alcohol, a group of enzymes called alcohol dehydrogenase begin to neutralize it. But if you keep drinking, these "first-line defense" enzymes can't keep up the pace. Excess alcohol in the bloodstream goes to the liver where it gets converted into a nasty toxin called acetaldehyde. The more acetaldehyde builds up in your liver, the worse the hangover will be.<sup>1</sup> The herbal extracts and amino acids in Alcolus are designed to help the body absorb the alcohol and the neutralize the acetaldehyde in the liver.



Acetaldehyde

## Supports the Stomach, Mood & Sleep



Scientists at University of Tennessee discovered that acetaldehyde causes "leaky gut" which can result in widespread inflammation and discomfort. They found that an amino acid called L-glutamine can help protect the stomach from this unpleasant side effect of drinking alcohol.<sup>2</sup> We add 140mg of L-glutamine to every capsule of Alcolus, along

with taurine to support stable mood and sleep, and inositol and L-alanine to promote healthy liver function.



### Active Ingredients:

- Jujube (*ziziphus jujuba*) extract - 40mg
- L-glutamine - 140mg
- Turmeric extract - 60mg
- Gotu kola (*centella asiatica*) extract - 50mg
- Ginger extract - 40mg
- Garlic extract - 40mg
- Taurine - 30mg
- Inositol - 20mg
- L-alanine - 5mg
- L-arginine - 1mg

Available in bottles of 30 capsules. \$75 MSRP.



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## Promotes the Rapid Absorption of Alcohol

Alcolus contains natural herbs that help the body absorb the alcohol like jujube, turmeric, ginger and garlic. The jujube extract in Alcolus contains powerful antioxidants such as apigenin and ursolic acid, which may help promote a resilient response to alcohol consumption. The turmeric and ginger extracts support stomach comfort and healthy inflammation levels. The gotu kola extract helps promote a calm & stable mood,<sup>3</sup> which is welcome the morning after a wild night.



**Jujube**



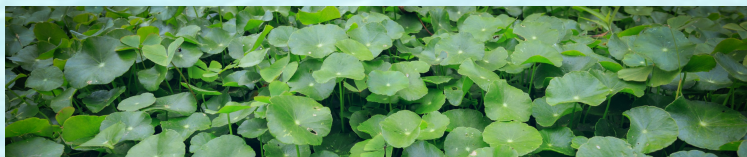
**Ginger**



**Turmeric**



**Garlic**



**Gotu Kola**

## Directions for Use



Drinking alcohol rapidly dehydrates the body and it can also deplete electrolytes.<sup>4</sup> To delay intoxication, take 1 to 2 Alcolus capsules approximately 1 hour before you start drinking. To reduce hangover, take 1 to 2 Alcolus capsules per hour after you start drinking. Some experts recommend drinking an 8oz glass of water in between each alcoholic beverage you consume. Consider drinking one serving of a sports drink or electrolyte replacement mix, if needed.



## References

- 1.) Curr Drug Abuse Rev. 2010 Jun;3(2):68-75
- 2.) Am J Physiol Gastrointest Liver Physiol. 2005 Aug;289(2):G367-75
- 3.) J Clin Psychopharmacol. 2000 Dec;20(6):680-4
- 4.) Clin Nephrol. 1998 Apr;49(4):205-13