



CARDIO

Cardiovascular Health

Phyto Farmacy™
<http://phyto-farmacy.com>
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The Ultimate Heart Defense Formula



Our heart is our life support system, delivering oxygen-rich blood and vital nutrients to every square inch of the body. When arteries become inflamed or blocked with plaque, less blood can pass through and impact the health of our heart or extremities. For many people middle-aged and beyond, artery health is vital. Phyto Farmacy's Cardio is a comprehensive formula crafted according to the latest clinical heart research. It

provides a full spectrum of herbal extracts and vitamins that promote cardiovascular health on the cellular, lipid and energy production level.

Vitamin E for Heart Protection

Vitamin E is crucial for a healthy heart and blood vessels. It helps prevent the oxidation of LDL cholesterol particles and supports healthy arteries and blood flow. The Cambridge Heart Antioxidant Study (CHAOS) published in the prestigious medical journal The Lancet found that heart patients taking Vitamin E daily experienced almost 50% greater heart protection than those who didn't.¹



Grape Polyphenols for Healthy Inflammation

Oligomeric procyanidins (OPCs) are potent antioxidants found in grapes. Clinical studies show that OPCs powerfully support cardiovascular health and wellness.² Grape skin also contains very high levels of resveratrol. According to animal and cellular studies, resveratrol helps protect the inside of the arteries from the formation of plaque. It also manages blood lipids and decreases the inflammatory substances that stand in the way of optimal blood flow and cardio health.³ It also increases the expression of the PON1 gene that lowers inflammation and helps the body detox.



Maritime Pine Bark Extract

Pine Bark for Blood Pressure Control & Artery Health

This potent 50:1 extract of the French maritime pine tree's bark contains 95% procyanidin antioxidants. They boost nitric oxide which is crucial for relaxing blood vessels and keeping them supple and healthy. Pine bark extract was shown to improve the blood vessel health of 23 patients in just 8 weeks. It helped their blood vessels adapt to changes in blood flow and it also provided significant protection from damaging oxidative stress.⁴ An analysis of over 500 patients suggests that at high doses, pine bark extract safely reduced diastolic and systolic blood pressure levels.⁵



Grape Skin Polyphenols

Available in bottles of 30 tablets.
\$95 MSRP.

Astaxanthin for Cholesterol Balance & Blood Flow



Astaxanthin is an extremely potent antioxidant with up to 6,000x more protective ability than vitamin C. It gives crabs, shrimp and flamingos their pink color and affords spawning salmon the incredible power to swim upstream. Astaxanthin can reduce LDL ("bad cholesterol"), increase HDL ("good cholesterol") and prevent lipid oxidation in blood vessels.⁶ In mice, astaxanthin supports clean blood vessels and improves blood flow.⁷

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L-Glutathione and NAC: Homocysteine Defense

Glutathione is the body's "master antioxidant" that helps detox various chemicals and maintain optimal health. While the body can theoretically make its own, there are many common genetic mutations and everyday stressors which can cause glutathione levels to plummet. The worst threat to cardiovascular health is oxidative stress in heart tissues. Glutathione helps promote cardiovascular health by reducing free radicals that cause oxidative stress.⁸ NAC is a glutathione precursor that can help control both blood pressure and homocysteine in as little as 4 weeks.⁹



Alpha Lipoic Acid for Better Cardiovascular Function

Oxidative stress, which is an imbalance between antioxidants and free radicals in your body, is particularly hard on the cardiovascular system. It increases with age and results in either increased reactive oxygen species or decreased antioxidant defense. Alpha Lipoic Acid (ALA) is a natural antioxidant which is believed to have a beneficial effect on oxidative stress in the cardiovascular system. It has been shown to preserve heart cell health and overall cardiovascular function.¹⁰

Don't delay, protect your heart with Cardio — starting today!

Active Ingredients

- Vitamin A (as vitamin A acetate) – 0.10mg
- Vitamin C (as ascorbic Acid) – 25mg
- Vitamin E (as vitamin E acetate) – 50mg
- Selenium (as sodium selenite) – 55mcg
- Grape seed extract standardized to 95% (containing not less than 50% proanthocyanidins) – 25mg
- Grape skin extract 95% (containing not less than 15% proanthocyanidins) – 25mg
- Maritime pine bark extract 50:1 (95% proanthocyanidins) – 50mg
- Coenzyme Q10 (Ubiquinone) – 5mg
- Astaxanthin – 2.5mg
- Turmeric extract (95% curcuminoids) – 50mg
- L-glutathione – 5mg
- NAC (N-acetyl-cysteine) – 50mg
- Alpha lipoic acid – 12.5mg

References

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