



EXPLO

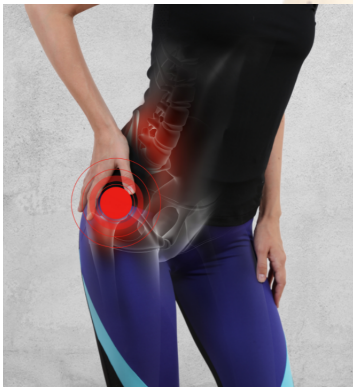
Peak Health

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Supports Joint Comfort & Healthy Cartilage

Once we reach middle age and beyond, we naturally become more aware of our joints' health and comfort. Proper diet and nutritional support become increasingly important. Explo was designed for mature, active adults – as well as athletes. It contains glucosamine and chondroitin, two major components of healthy cartilage that have been shown to support joint health in numerous scientific studies.¹ It also has highly-absorbable hydrolyzed collagen to provide additional support for connective tissues and joint comfort



WHY EXPLO?

- Absorbable hydrolyzed collagen
- Essentials nutrients for cartridge care
- Soothing botanicals to modulate inflammation

BOSWELLIA

Boswellia has been prized since biblical times for its ability to modulate inflammation. The structure of the active compounds, boswellic acids, closely resembles the chemical structure of (anti-inflammatory) steroid drugs.³ Boswellia extract also significantly increases pain threshold and tolerance in humans.⁴ Explo contains anti-oxidant rich rose hips and moringa extracts to target inflammation pathways, and the manganese in the formula is a component of various enzymes involved in cartilage production.



Active Ingredients:

- Glucosamine 500mg
- Chondroitin 300mg
- Hydrolyzed collagen 30mg
- *Moringa oleifera* extract 25mg
- Rose hip extract 25mg
- *Boswellia serrata* extract 25mg
- Manganese 1.25mg

References

1. *Rheumatol Int.* 2012 Oct; 32(10): 2959–2967.
2. *Curr Med Res Opin.* 2008 May;24(5):1485-96.
3. *J Tradit Complement Med.* 2013 Oct-Dec; 3(4): 221–226.
4. *Indian J Pharmacol.* 2014 Sep-Oct;46(5):475-9.

Available in bottles of 30 capsules. \$84.95 MSRP.