



MEMMOREX

Phyto Farmacy
<http://phyto-farmacy.com>
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For Healthy Memory Function and Improved Focus

Our ability to think and clearly remember is crucial to our work, safety and social interactions. But our cognitive edge can naturally decline with age. Changes in sleep, diet and stress levels can dramatically affect our focus and mental capacity. Memmorex is a gentle yet effective, drug-free formula that helps maintain cognitive function – without the uncomfortable side effects found in caffeine or other stimulants. Maintain your cognitive edge at any age with Memmorex!

Phosphatidyl Serine for Sharper Focus & Cognition

Phosphatidyl serine (PS) is a fundamental “building block” of healthy brain cells. As the brain ages, there are chances for chemical changes and structural deterioration that can impair cognitive function.¹ A 2014 study of Japanese school children found that supplementing PS significantly improved their focus and short-term memory.² A double-blind study where PS was combined with ginkgo biloba concluded their cognitive effects were enhanced when used together.³ That’s why we add 100mg of ginkgo biloba leaf extract and 25mg of PS to every capsule of Memmorex. We also compound vitamin B6 and taurine to support neurotransmitter balance and black pepper extract to enhance absorption of all the nutrients.

Why Stimulants Don’t Work (As Well)



Stimulants can give a quick jolt of energy while *temporarily* increasing focus and attention. But no matter if it’s coffee, energy drinks, Ritalin or Adderall... it’s all borrowed energy that must be repaid. What goes up must come down and artificially-boosted neurotransmitter levels can eventually “crash.” Relying on stimulants can quickly turn into an unhealthy habit that taxes the adrenal glands and impairs your ability to focus. Memmorex is a gentle and non-habit-forming blend made from herbs that are more likely to calm your nerves than to excite them.



Active Ingredients:

- *Vitamin B6 (pyridoxine HCL)* – 3.6mg
- *Bacopa monniera* – 100mg
- *Phosphatidyl serine* 20% – 25mg
- *Ginkgo biloba leaf extract* – 100mg
- *Ginger root* – 50mg
- *Taurine* – 25mg
- *Black pepper extract* 95% - 3mg

Available in bottles of 30 capsules. \$75 MSRP.

Bacopa For Better Memory

Bacopa, known in Ayurveda as a “brain tonic” herb, has been used in India since at least 500 A.D. to help scholars memorize lengthy sacred texts and hymns. It promotes calm and relaxation and it’s described by modern researchers as having anti-stress, anti-inflammatory and antioxidant properties. A double-blind study of 76 middle-aged adults who took bacopa found it had a “significant effect” on their ability to learn new information and retain it.⁵ Another study of healthy seniors found that supplementing bacopa significantly improved verbal learning, memory and recall.⁶



Bacopa



Black Pepper Extract



Ginger



Ginkgo biloba

Product Specification



Each bottle of Memmorex contains 30 capsules. As a dietary supplement, take one (1) capsule per day, as needed.

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References

1. Nutrition. 2015 Jun;31(6):781-6
2. J Hum Nutr Diet. 2014 Apr;27 Suppl 2:284-91
3. Hum Psychopharmacol. 2007 Jun;22(4):199-210
4. Neuropsychopharmacology. 2002 Aug;27(2):279-81
5. Nutrition. 2015 Jun;31(6):781-6

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