



REDSURA

Phyto Farmacy

www.peak.health

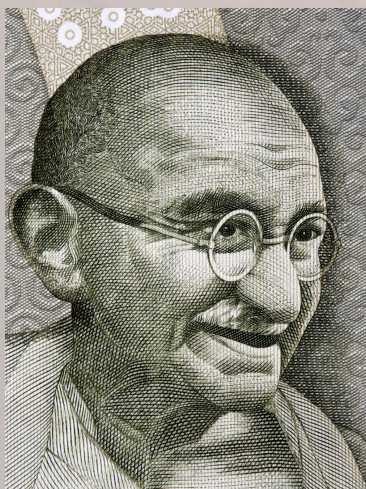
+1 (888)337-4986

For Optimal Blood Pressure Management

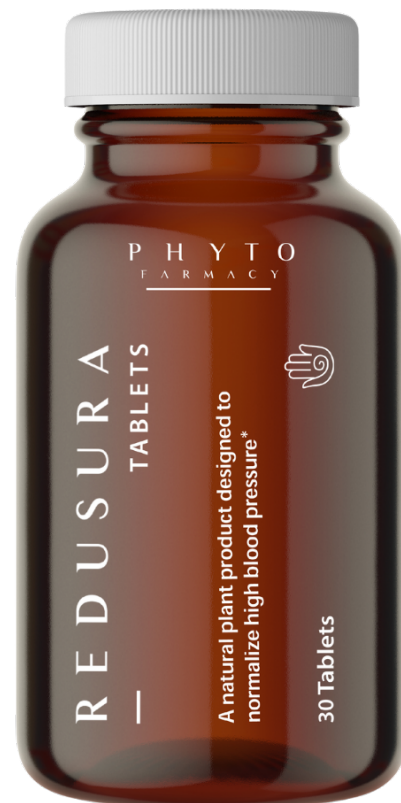
Indian snakeroot (*Rauvolfia serpentina*) is a small evergreen shrub with white flowers and dark purple fruits. Native to the Indian subcontinent, its roots have been used for millennia and described in ancient medical texts. Indian snakeroot contains at least 147 compounds and it has been documented as potentially effective for more than 28 different uses.¹ The main compounds reserpine and yohimbine work to relax your heart muscles and promote an sense of overall tranquility.²



PROMOTES CALM MOODS & NORMAL HEART RATES



Indian leader Mahatma Gandhi was reportedly fond of the herb. He used the root to make a tea that he consumed in the evening to help relax after a hectic, overstimulating day of fighting for his country's independence. According to Dr. Frank Finnerty, M.D., Indian snakeroot seems to be most effective in excitable people to help support normal heart rates and blood pressure levels.³



Active Ingredient:

- *Rauvolfia serpentina* extract – equivalent to 200mg dried root (containing approximately 8mg reserpine & 8mg yohimbine)

Inactive Ingredients:

- Microcrystalline Cellulose – 124mg
- Sodium Stearyl Fumarate – 10mg

Available in bottles of # capsules. \$ MSRP.

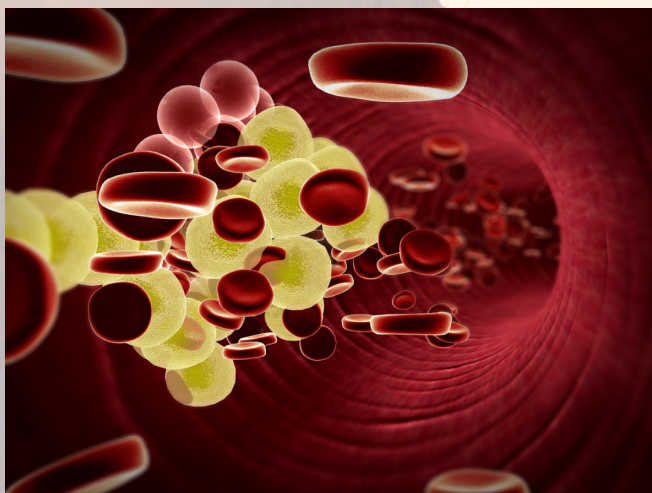
SUPPORTS HEALTHY SYSTOLIC BLOOD PRESSURE

According to 2016 review by Canadian researchers, 4 different high-quality clinical trials on humans suggest that reserpine significantly reduces systolic blood pressure (SBP) compared to placebo. They concluded that the active compounds in RedSura are as “effective in reducing SBP to the same degree as other front-line antihypertensive drugs.”⁴



MAY SUPPORT HEALTHY CHOLESTEROL LEVELS

A study at the Royal London School of Medicine and Dentistry gave rabbits fed a high-cholesterol diet reserpine for 6 weeks. Their total cholesterol levels reduced by 42% and heart rate was decreased by 28%.⁵ Another study concluded that reserpine is effective at decreasing cholesterol in the plasma, arteries and heart by increasing high-affinity LDL receptors in the liver.⁶



Phyto Farmacy

www.peak.health

+1 (888)337-4986



References

1. BMC Complement Altern Med. 2015 Aug 4;15:262.
2. Integr Med (Encinitas). 2015 Jun; 14(3): 40–46.
3. Journ Alliance Aca Intrl Med. 1954 Nov;17(5): 629-640
4. Cochrane Database Syst Rev. 2016 Dec; 2016(12): CD007655.
5. J Cardiovasc Pharmacol. 2002 Jul;40(1):67-79.
6. Atherosclerosis. 2000 Apr;149(2):267-75.

Available in bottles of XX capsules. \$XX.xx MSRP.